

Wilderness First Aid

March 3rd & 4th 2023

Do you want to be prepared for a remote accident?
Do you want to learn best practices?
Are critical thinking and problem solving important to you?

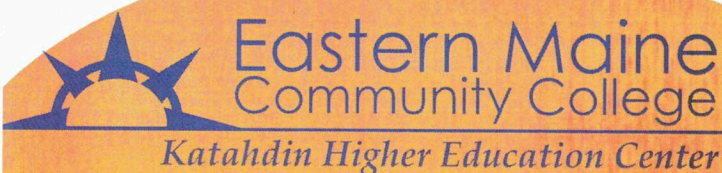
If you answered yes to any of the above, then sign up for this scenario-based introduction to wilderness medicine.

Course Description

This program is designed for the person who frequently travels in the backcountry with friends or in small groups and who is seeking a basic level of competency in first aid. It is an introduction to the broad concepts of rendering care in a remote setting. The course includes Adult CPR and training in the use of epinephrine for allergic reactions. You can expect the course to be fairly intensive and to cover the most important aspects of wilderness medicine such as leadership, patient assessment and basic care. The course will be very experiential with lots of opportunity to practice in real-life simulations. No experience required. The majority of the course will be held outside in the elements rain or shine. 100% attendance is required.

There is no pre-course work for this course.

Eastern Maine Community College is an equal opportunity/affirmative action institution and employer.



Wilderness First Aid

Dates: Saturday & Sunday
March 4th & 5th, 2023

8:30 am - 5:30 pm Sat & Sun

Location:

Katahdin Higher Education
Center
1 Dirigo Drive
Rooms 147 - 149

Instructor:

TBA

Cost:

\$300

**Cost includes course supplies,
textbook & certification fee.

*Please bring a set of old clothes
for simulation. You should expect
to be outside regardless of
weather, working on your hands
& knees (in the mud if it rains) For
your personal safety & comfort
please dress appropriately.

Course Number/Hours

CED-N28-73-PO
16 Hours

To Register:

Contact Katahdin Higher Ed Center
(207) 746-5741
jfolster@emcc.edu